

touring itinerary #6



discovery trail murwillumbah to the rainbow region

With hundreds of kilometres of unspoiled coast and more than a million hectares of farmland, World Heritage Listed National Parks and scores of unique and historic towns and villages, the North Coast of New South Wales is one of the most diverse areas in Australia.

This itinerary can help to get you started on your voyage of discovery. The region's friendly Visitor Information Centres can help you make the most of your NSW North Coast adventure.

Take the scenic 'road less travelled' through the region's rich hinterland.

From Murwillumbah, follow the main road through town and take the 'Nimbin/Kyogle' road through the foothills of **Wollumbin Mount Warning**.

Uki is a great stop, with galleries, a charming café and the classic **Mount Warning Hotel**.

From Uki, the road to the Rainbow region offers spectacular views as you pass between the **Nightcap** and **Mebbin National Parks**.

Along the way, visit Blue Knob Gallery & Café and view the works of local artists and enjoy a lovely lunch. Pick up some tasty organic treats at Blue Knob Farmers Market held every Saturday from 8.30am to 12pm.

Just up the road is **Nimbin**, the birthplace of the Aquarius movement and the hippie capital of the world. As well as an array of cafés and shops, Nimbin is home to the H.E.M.P Embassy, Nimbin Environment Centre, Nimbin Artists Gallery, the Djanbung Permaculture Gardens and the Nimbin Candle Factory.

On the road to Lismore, Tourist Drive 32 passes Nimbin Rocks, an awe inspiring landmark and a place of special significance to the local Indigenous people.

Take a left onto Kourigan Road, just out of Nimbin, and follow the road to the Channon.

The Channon markets are the Coast's original weekend market and are well worth a visit on the second Sunday of the month.

Just 35mins from the Channon, **Protesters Falls** were named after an historic protest in

1979 that saved what is now the Nightcap National Park from logging. There is a picnic area and the falls are a 1.4km round trip walk.

Follow the Lismore Road into **Lismore** – the economic, creative and artistic hub of the region. Here you'll find a mix of quirky, cosmopolitan shops, and an array of dining alternatives with fabulous food and coffee.

Make sure you visit the new Lismore Regional Gallery in the Quad, alongside the Lismore Library and Conservatorium of Music.

Visit the **Lismore Museum** or take a walk around the city centre and explore Lismore's many historic sites and buildings.

Pop into the **Lismore Visitor Centre** and pick up a copy of the walks, trails and tours, dining guide and arts, vintage and retro trail.

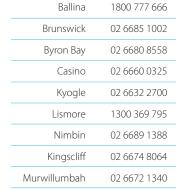
A visit to Lismore would not be complete without a walk through the 'Back Alley Gallery'. The back lanes of the Lismore City Centre have been transformed into a spectacular, larger-than-life gallery by talented local, national and international street artists.

highlights

- Discover the delights of Nimbin's murals
- Marvel at the art of the Back Alley Gallery
- Be inspired by the incredible 'Hannah Cabinet' at the Lismore Regional Gallery
- Take in a NORPA show







Tweed Heads

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