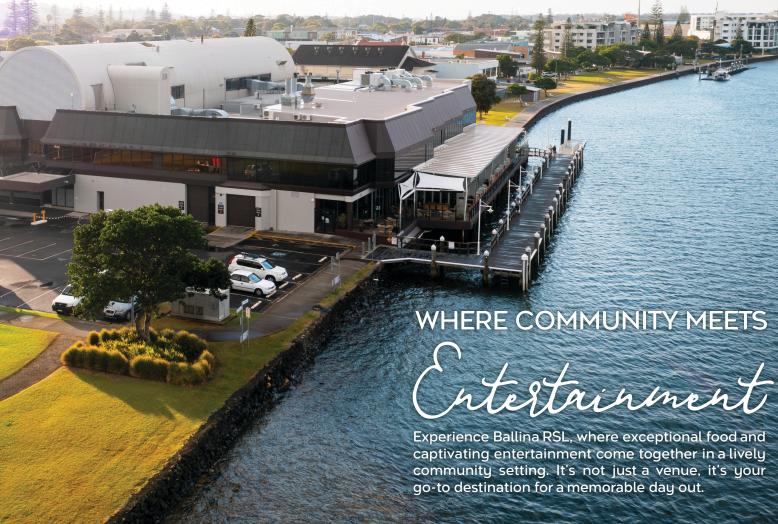
Dallina Coast and Hinterland

LENNOX HEAD ALSTONVILLE TINTENBAR NEWRYBAR KNOCKROW WARDELL





BALLINA RSL SIP SMILE REPEAT ALL-DAY COFFEE AWAITS









ENTERTAINMENT

EVENTS

DELICIOUS FOOD

MUSEUM

OPEN 7 DAYS

Sunday to Wednesday 9am to 11pm Thursday to Saturday 9am to 12am

Ballina RSL Club, 1 Grant Street, Ballina NSW (02) 6681 9500 member.services@ballinarsl.com.au

VISIT US

BALLINARSL.COM.AU













FIND US @ (f)







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BALLINA VISITOR INFORMATION CENTRE

6 River Street Ballina NSW 2478 Freecall: 1800 777 666 discover@ballina.nsw.gov.au

discoverballina.com.au



(d) (f) @discoverballina





Acknowledgement of Countr

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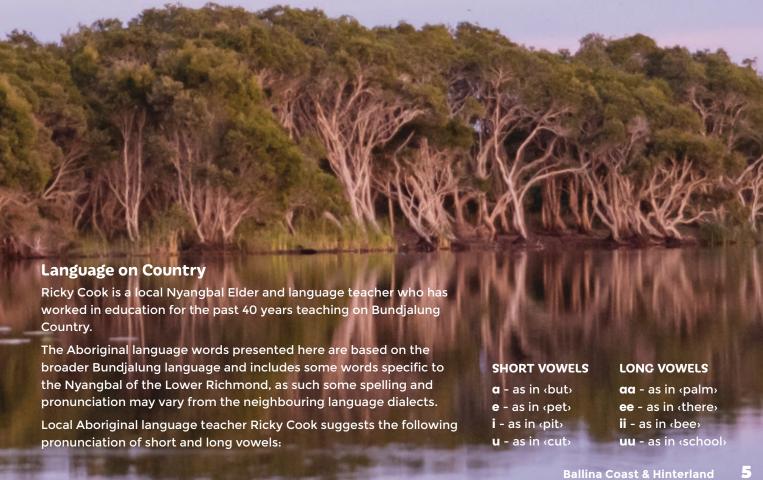
Ngalii ngaa Buulinaa mang-gaaling blug-gan-mee bulaan-gii Nyangbul jaaguun Bundjalung burrii jaaguun, Buurra-garra

Garrimaa-lee-laa ngali jaaguun gunnuu, Guurii-aa-buu Buutheram.

Djanda-mandi garimaa ngali Ngali-ngaa naa Nguthung, Nguthung-gan guurii-aa buu, Bee-aan, ngubuu-gan.

Thank you.

Buugle-bee blog-gan-mee.





Towns & Villages

Lennox Head

Laid-back Lennox Head is situated halfway between Ballina and Byron Bay. The main street runs alongside the beautiful Seven Mile Beach and is home to quirky boutiques, retail shops and some of the best cafés and restaurants in the Northern Rivers.

Skennars Head

Skennars Head is located between Ballina & Lennox Head and home to popular Sharpes Beach. It is the ideal location to begin your exploration of the Coastal Recreation Path.

East Ballina

East Ballina is the home to Ballina's calm waterways and pristine beaches. A haven for beach lovers, surfers and eco-adventurers. Offering great cafés and restaurants with sweeping ocean views, waterfront caravan parks and the region's best playground.

Ballina

Centred on an island at the mouth of the Richmond River, Ballina is the social and commercial hub of the region. The main street is lined with cafes, shops and picnic areas to relax by the river. Ballina strikes the perfect balance of a small town feel with the convenience of a regional city.

South Ballina

Embark on the picturesque journey from Ballina to South Ballina, crossing the Richmond River aboard the Burns Point Vehicle Ferry. This serene locale is perfect for fishing and bird watching, with its long stretches of quiet beaches that seem to transport you a million miles away.



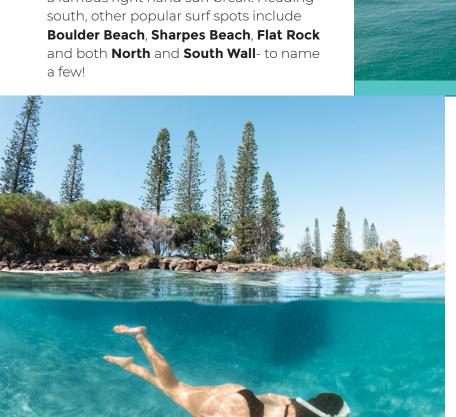




Surf Beaches

Whether you are just starting out or a seasoned surfer the Ballina Coast boasts some of the region's most well-known breaks. With protected beaches perfect for beginners and kids to waves for the more experienced surfer, the warm subtropical water and consistent swell year-round makes Ballina the perfect place to get in the water

If you are looking for waves, **Lennox Point** is part of the national surfing reserve and a famous right hand surf break. Heading Boulder Beach, Sharpes Beach, Flat Rock a few!



If you are looking for something slightly slower paced, a refreshing dip in Lake Ainsworth is the perfect way to wind down. Surrounded by tea-trees, the tanninsoaked waters are said to have healing properties that will leave your hair and skin feeling refreshed. Situated directly across from Lennox Head's Seven Mile Beach Lake Ainsworth is the perfect spot for a relaxing swim, standup paddleboarding or kayaking. The surrounding facilities make it ideal for a picnic with BBQ facilities and tables available for public use.

Shaws Bay



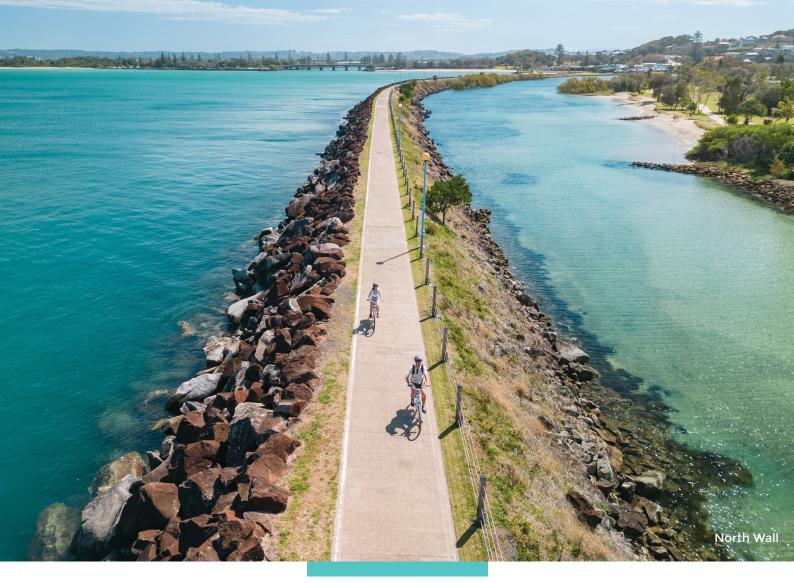
Beyond the surf, these beaches are beloved by families and beach enthusiasts alike. For the ultimate beach day, bring along your umbrella and find a comfortable spot on the clean sands of Lighthouse, Shelly, Angels, and Seven Mile Beaches.

Calm Waters

Opting for sheltered and tranquil waters, The Serpentine and Gawandii Beach on either side of Missingham Bridge are sought-after destinations for families, providing an ideal setting for sunset picnics.

Shaws Bay in East Ballina, is a prime location for standup paddleboarding, kayaking, and snorkelling.





Explore our tall pathways

Explore the breathtaking coastal landscapes from Ballina to Lennox Head along the Coastal Recreation Path. This shared pathway, winding from Ballina's riverfront through to East Ballina and Lennox Head, offers a diverse journey. Ideal for walking and cycling, the well maintained paths invite all ages to discover the stunning coastline, from the captivating East Ballina to the dramatic cliff tops of Lennox Head.

Make a day of it and walk or cycle the whole path - or choose your own adventure with one of our suggestions.

Shaws Bay Loop 3.4km

Without a designated start, the Shaws Bay loop treats you to expansive vistas of Ballina's key waterways - the Richmond River, Shaws Bay, and the picturesque coastline. Follow the footpath along North Wall, taking in the panoramic water views in every direction, and wander along the boardwalk through serene mangroves and saltmarsh. Keep a keen eye out for dolphins, sizable cod and between May and October, the occasional presence of whales near the breakwall.

Lennox Head to Pat Morton 1.2km

Join the shared path off Rutherford Street and follow the coastline and gradual ascent to Pat Morton lookout. Walk past the boat channel (great spot for snorkeling) and watch the surfers and hang gliders and take in the stunning view overlooking Lennox Village from the top.

Pat Morton to Sharpes Beach 3km

Best experienced on foot, this section offers elevated clifftop views and plenty of picnic spots to absorb the scenery. Boulder Beach, approximately halfway, is an excellent vantage point for watching surfers and enjoying views of Byron Bay Lighthouse on clear days. Take a refreshing dip in any of the beaches along the way or make your way into Lennox Village and refuel at one of the great cafes and restaurants.

Aboriginal Cultural Ways 6km

Cultural Ways is an invitation from Ballina's Aboriginal community to gain a deeper understanding of this place and its community. Cultural Ways passes near sites and story places that have great significance to our local Aboriginal community. These sites and places, oral histories and memories, together with early accounts of non-Aboriginal people coming to the region help to build a greater understanding of this rich landscape and its people.

Historic Ballina Riverfront Walk 4km

Staying in town? The Ballina Riverfront Walk follows the Richmond River out to the tip of the breakwall. The trail consists of 19 signage panels along the pathway between Fawcett Park and North Wall in East Ballina, providing brief insights into the historic importance of the river to the shire's earliest European settlers and residents. At the beginning of the walk, inspect the public art by some of our local artists and read about their significance and what inspired them. Along the way take a voyage of discovery at the Ballina Naval & Maritime Museum. Keep an eye out for dolphins, turtles and bird life as you follow the waterways – definitely a highlight!

download a map

Scan me to download a copy of the Cycleways and Shared Paths of Ballina Shire map.



discoverballina.com.au







Discover what makes Ballina's coastline unique, from iconic landmarks to hidden gems! We've tapped into local insights, asking residents to share their favourite spots—your guide to the best experiences along our coast!

1

Snap a selfie with the Big Prawn

No Ballina trip is complete without a Big Prawn selfie! Built in 1989, this quirky landmark faced the axe until it was rescued by Bunnings in 2012. Now, this nine-metre, 35-tonne crustacean is a local icon. After your snap, grab fresh prawns from one of the local fish co-ops nearby and enjoy them by the riverfront - a true Ballina experience!

2

Pack a picnic and watch the sunset over the ocean

Here are some of our favourite locations;
Fawcett Park which overlooks the Richmond River, The Serpentine as the sun shines through the mighty Norfolk Pines, Boulder Beach Headland – great whale watching through winter and Pat Morton Lookout with sweeping views from Lennox Village all the way to Byron Bay Lighthouse.

3

Reel in your next catch!

Ballina, renowned for its great fishing, offers plenty of spots to cast a line. Ideal for families, the wharves behind Ballina RSL and along Fawcett Street provide peaceful settings. For something different try the front of the yacht club - bring a yabby pump and catch some live bait before you start. For a South Ballina adventure, set up at Mobbs Bay for the day.

4

Surf some of the regions most well known breaks

There's a reason Ballina draws surfers from across the region and country every year!
Surf in one of Australia's first established
National Surf Reserves or hit one of the many beach breaks on offer. If you are just starting out the local surf schools can show you the ropes - you may just find your new favourite hobby!

Discover our unique birdlife

Ballina is blessed with rich ecosystems and habitats from wetlands, lakes and rivers to subtropical rainforests. Attracting both resident and migratory bird species - don't forget your binoculars!



Catch the Ferry to South Ballina

Operating daily between 5.30am and 12.30am the Burns Point Vehicle Ferry is the most scenic way to get to South Ballina. Enjoy views of the Richmond River and don't forget to pay the driver!

7

Experience the rejuvenating waters of Lake Ainsworth

This picturesque tea tree lake is the perfect spot set up for the day. Enjoy picnics, BBQ facilities, and a nearby kiosk. It's situated opposite the beach, with excellent walking tracks in the coastal heath along Camp Drewe Road.



Sunset stroll along North Wall

While strolling along North Wall, you'll encounter numerous locals. Witness trawlers heading out for their nightly catch, spot dolphins riding the waves, and absorb the vibrant hues of the sunset over the Richmond River.



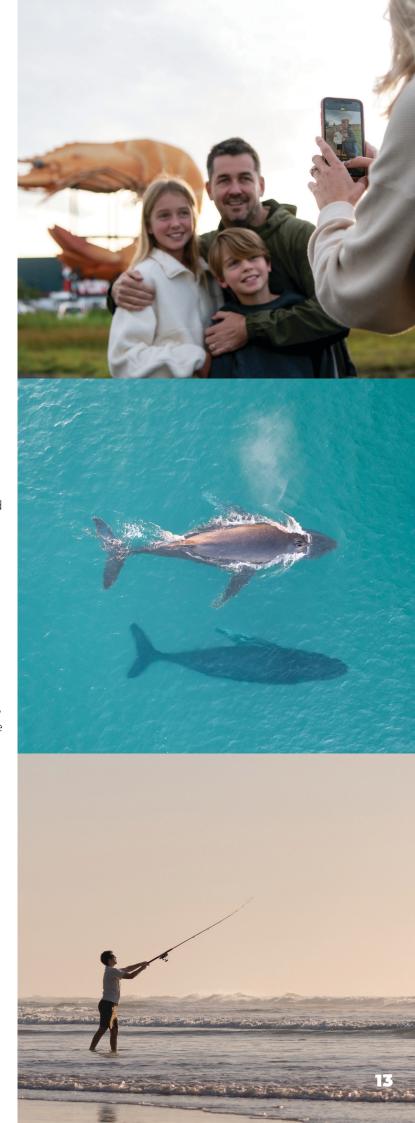
Visit our unique Lighthouse

Though smaller than our neighbours, Ballina's beloved lighthouse is a source of pride! Lit for the first time in 1880, it continues to shine brightly today. Take in the breathtaking views of the Richmond River and East Ballina's coastline.

10

Explore our coastal paths

This is such a beautiful experience we dedicated a whole section to it on the previous pages!





Towns & Villages

Wardell

Upstream on the Richmond River, Wardell is a small riverside village with a serene location. A popular spot for anglers and a great place to start your journey along Tourist Drive 28. Surrounded by sugarcane farms, Wardell is well worth a visit!

Alstonville

Alstonville is a charming town surrounded by macadamia and avocado farms, pretty countryside and a friendly community. Nestled in the hinterland, halfway between Ballina & Lismore it offers great cafes, a country pub in the heart of town and lovely gift shops. If visiting in late summer through to Autumn you will be treated to the Tibouchina blossoming their brilliant display of violet purple flowers.

Teven and Tintenbar

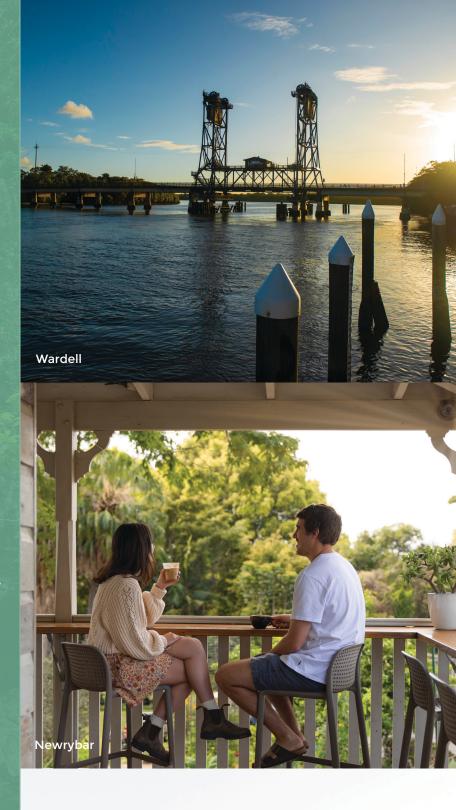
A small, historical, rural hamlet with a community hall that has plenty of events and a popular general store. Take a drive along the scenic hinterland roads and stop along the way at the various farmgate stalls offering seasonal produce.

Knockrow

Home to the Byron Bay Wildlife
Sanctuary and Hospital, Knockrow is
located on the picturesque drive along
the Hinterland Way with views to the
Pacific Ocean.

Newrybar

Newrybar is a popular historic village filled with old world charm and great artisan shopping. This quaint hamlet nestled in the hinterland north of Lennox Head, is home to a historic bakery, deli & restaurant.







Embark on a scenic 70km drive through the charming Ballina and Byron Hinterland, exploring quaint towns, lush nature reserves, and captivating landmarks.

Begin your day in **Wardell**, the picturesque river town surrounded by historic timber buildings. Grab a freshly baked pie from the local store, savour it by the jetty, and soak in the historic charm.

Following Tourist Drive 28, head towards **Victoria Park Nature Reserve** in Dalwood, a sanctuary for the last remnants of the Big Scrub Rainforest. Stroll along the short boardwalk, spot over 150 species of trees, and immerse yourself in the tranquillity of the rainforest.





As you continue along Tourist Drive 28, Alstonville beckons with its federation architecture, antique shops, and great food and beverage scene. Throughout the surrounding plateau are subtropical parks and gardens with the iconic Tibouchina blossoms showing their brilliant display of violet purple flowers in late summer and autumn. Next, head towards Tintenbar and Teven, stopping at roadside stalls for farm-fresh produce. If you're up for an 18km detour, stop in and explore the stunning Killen Falls.

The drive then brings you to **Newrybar**, a historic village with charm, antiques, and artisan shopping. Enjoy the local galleries and eateries, surrounded by old-world ambience. Return to the Hinterland Way

and marvel at arguably, the most scenic portion of Tourist Drive 28. The winding country road, flanked by overarching trees, guides you to **Nightcap National Park**. Here, you can witness **Minyon Falls**, the largest cascading waterfall in the Northern Rivers, with picturesque picnic area.

To extend your adventure, consider heading back to the coast and trace the scenic drive from **Byron Bay** down to **Lennox Head** and through to **Ballina.** This coastal route promises breathtaking views and completes your day with the perfect blend of hinterland charm and coastal allure.





Explore Ballina's charming hinterland, with unique natural landscapes and cultural gems. Delve into the top ten hinterland experiences as we unveil the region's best-kept secrets and beloved spots recommended by locals.

1

Experience the last remnants of the Big Scrub

Victoria Park Nature Reserve protects one of the last surviving remnants of the original rainforest, known as the Big Scrub, which extended across the Northern Rivers. The boardwalk loop takes approximately 20 minutes and if you are quiet, you may even spot a resident pademelon. Also a popular location for bird watchers!

2

Chase waterfalls

Who doesn't love a waterfall! The beautiful Killen Falls is our local fall at Tintenbar. It is surrounded by foliage that drapes over the damp rock walls. Only a short walk to the viewing platform with the option of walking to the base of the falls for the more adventurous. Heading a little further in the hinterland, Nightcap National Park, Minyon Falls and Protestor Falls are well worth a visit.

3

Visit a working macadamia & avocado farm

Summerland Farm is the largest distribution hub of macadamias for Northern New South Wales Farms. Each year the farm produces 120 tonnes of macadamia nuts. The country style café is a great place for morning tea or lunch. The grounds are a kids paradise with animals, great playground and spray water park, plus they have a fantastic produce centre to take home some tasty locally made treats.

4

Meet native wildlife

If you have no luck encountering a koala or kangaroo in the wild but want to see these amazing creatures then make sure to book a day adventure on a wildlife eco tour or visit Byron Bay Wildlife Sanctuary where you can get up close to our native animals, feed a kangaroo, pat a reptile and know your money is going back into the park to protect our wildlife friends.

Hike in a World Heritage listed National Park

Within an hour's drive of the Ballina Coast & Hinterland, you'll find breathtaking National Parks like Border Ranges, Nightcap, Bundjalung, and Mt Jerusalem. Explore a variety of walks and experiences by visiting the National Parks website



Catch your dinner

Seeking a serene spot for fishing? Wardell Wharf is the perfect spot to drop your line. While in the village, be sure to treat yourself to one of the famous Wardell Pies.

7

Grab a cold drink at one of our country pubs or breweries

Chat to a local, order a cold beer and enjoy lunch at one of our iconic country pubs.

8

Take a step back in time

Discover local history at our museums throughout the shire. Learn about our maritime history, discover your family heritage or find out more about the region's past.



Get your adrenaline pumping on a mountain bike trail

For the more adventurous, Duck Creek Mountain Bike Track contains approximately 9 kilometres of mountain bike trails. The trail network includes easy and difficult trails suitable to a variety of riding abilities.

10

Gateway to the Northern Rivers

Looking for a day trip? Continue your hinterland drive and explore Lismore's rich art and culture, the vibrant colours of Nimbin, a day at Rocky Creek Dam, or venture north to the popular Rail Trail. The Northern Rivers hinterland is full of surprises!



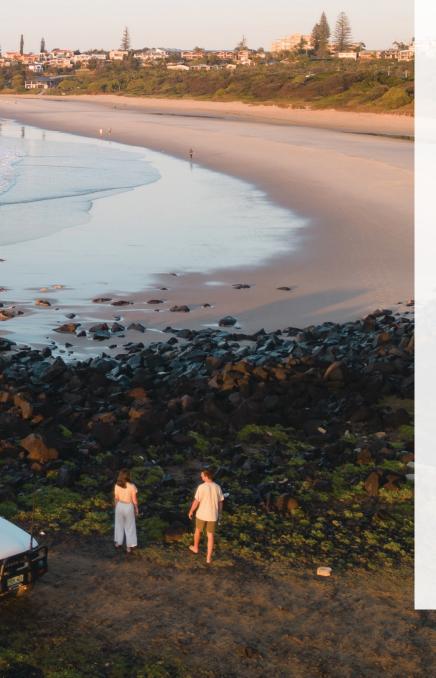
our great escape in the

ballina Coast & Hinterland



The Ballina Tourism Team recently caught up with seasoned travellers Liam and Krystina from Our Great Escape Media.

The duo shared their experiences from their visit to the Ballina Coast & Hinterland during August and September. Despite having traversed Australia extensively, the couple found themselves captivated by the region's abundant wildlife, picturesque landscapes, and unexpected delights.



What surprised you the most during your recent visit to the Ballina Coast & Hinterland?

'The abundance of wildlife in the region really took us by surprise!
Spotting whales almost every day, alongside dolphins, turtles, and various bird species, was incredible and something we were not expecting to see. A particularly special memory for us was watching the whales breach as the sun rose over the ocean – a moment that will stay with us forever'.

Can you share some highlights that left a lasting impression on you?

'Some of the highlights from our trip were biking along the coastal recreation path, swimming at Lake Ainsworth, and watching the sunset at Lennox Head. Oh yeah... and going surfing at Sharpes beach with the Hemsworth brothers and Owen Wright! They were absolute legends.'

What recommendations would you share with others?

'If you're on a road trip or in search of a perfect holiday destination, we wholeheartedly recommend exploring the Ballina region. It's a place we think everyone should experience! Our time here was filled with unforgettable moments, from the stunning landscapes and diverse wildlife to the warm hospitality of the locals. Whether you're into beachside relaxation, nature adventures, or discovering hidden gems, Ballina has something for everyone'.







Byron Bay Wildlife Sanctuary is a not-for-profit with an important mission to empower all Australians to champion wildlife preservation. Every dollar spent within its welcoming grounds is a contribution to the conservation, rehabilitation, and future of Australian wildlife.

Byron Bay Wildlife Sanctuary offers a range of experiences, inviting visitors to engage with wildlife, partake in educational programs and learn about Australia's native inhabitants, gaining insights into their habits and habitats. For the young and young at heart, the Sanctuary offers 18 holes of mini golf and a water splash park, making it the perfect day out for the family.

Take something home from the gift store and fine foods department or sit back, relax and enjoy a delicious meal or tasty treat in the Sanctuary Café, which serves up fresh food using locally sourced ingredients. The licensed bar offers delicious cocktails and beer featuring local favourites Brookie's Gin and Seven Mile Brewing Co.

The heart of the Sanctuary is conservation. Their purpose is to create an awareness of the importance of respecting our natural world with the community, by offering experiences that enable visitors to leave feeling fulfilled, with a newfound understanding and enjoyment of what Australia's natural flora and fauna has to offer.



BYRON BAY WILDLIFE SANCTUARY

02 6687 8432

419 Hinterland Way, Knockrow

byronbaywildlifesanctuary.com.au



ByronBayWildlifeSanctuary





FOZIES FISHING

The only big game fishing off Ballina. Get onboard with Fozie and catch fresh fish from the best reefs and off-shore fishing spots. Fozie takes care of the bait, tackle, licences, and light refreshments so you can focus on reeling in the fish. Fozies Fishing also arrange river cruises, whale watching tours and scattering of ashes, the choice is yours!

0427 834 376

foziefishing.com.au









BALLINA NAVAL & MARITIME MUSEUM

Take a voyage of discovery. Home of the transpacific Las Balsas Raft Expedition, discover the history of the Port of Ballina, heritage vessels, the largest collection of detailed ship models on display in Australia. History of Australian and World Navies. Open 7 days.

Regatta Avenue, Ballina 02 6681 1002

ballinamaritimemuseum.org











SUMMERLAND FARM

Located on the Alstonville plateau, you'll find Summerland Farm, 2023 North Coast Tourist Attraction of the Year. This multi-award winning farm is set on a stunning 238 acre avocado and macadamia orchard. A great day out for all ages and a full day of play and dining

Sample local produce at the farm's retail outlet, The Grocer, and the licensed Restaurant open 8am - 3pm, 7 days a week for breakfast and lunch. Book ahead for a High Tea or romantic Farm Picnic. The Farm Café is located near the Adventure Playground and offers a great range of delicious choices from 9am - 4pm. Kids will love the super cute farm animals - did someone say miniature donkeys?

Experience a real working farm and a must-see North Coast attraction at Summerland Farm, providing employment for more than 110 people with a disability. Check the website for info on bookings and activity entry fees.

253 Wardell Rd, Alstonville 02 6628 0610

summerlandfarm.com.au

summerland_farm

summerland_farm2477





NORTHERN RIVERS COMMUNITY GALLERY

A leading arts and cultural institution of the Northern Rivers. fostering creative exhibitions and programs, building community capacity, and supporting opportunities where arts and culture can thrive. Housed in a heritage listed building, the gallery includes four professional gallery spaces, a retail outlet, workshop spaces, artist studios, artist-in-residence and ceramics/kiln studio.

44 Cherry St, Ballina 02 6681 0530

nrcgballina.com.au





Northern Rivers Community Gallery & Ianite Studios

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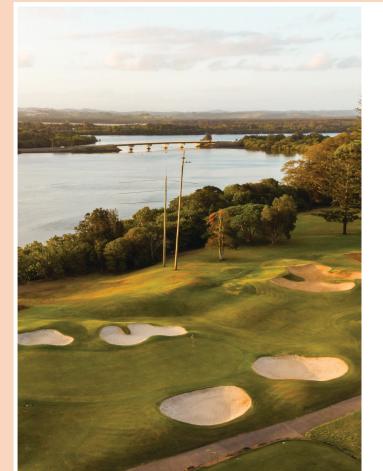
LETS GO SURFING

Learn to surf, hone your skills or take a tour with the best. With almost 30 years in the business, they have got you covered! Offering daily surf lessons, stand-up paddle tours, private and family private lessons and kids only group school holiday lessons. Experience the best the Northern Rivers has to offer with the professional team at Lets Go Surfing.

Ballina, Byron, Lennox Head 02 6680 9443

letsgosurfing.com.au

letsgosurfingaustralia



BALLINA GOLF AND SPORTS CLUB

At Ballina Golf and Sports Club, the atmosphere is relaxed and the service exemplary; from the very beginning, a game, dinner, or event here will be unlike any other previous experience. We offer a fully licensed bar, professional golf shop, Asian Green Chinese restaurant, TAB facilities, gaming room, and kiosk, with wheelchair access

With numerous entertainment options, including weekly trivia and raffles, as well as monthly karaoke and live entertainment, you are sure to enjoy a night out here at Ballina Golf and Sports Club.

Our club is a leading Northern Rivers destination for all golfing enthusiasts who enjoy a golf course of champion standard. Our club attracts quality golfing, social and community events and is a place where our members are proud to host guests and visitors to the Ballina Shire.

Our easy walking, treelined 18 hole course is nestled next to the stunning North Creek in East Ballina, with cooling ocean breezes that positively enhance your experience.

Jameson Ave, East Ballina 02 6686 2766 admin@ballinagolfclub.com.au



ballinagolfclub.com.au

(a) ballinagolf (b) Ballina Golf and Sports Club



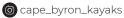
CAPE BYRON KAYAKS

Join a Cape Byron Kayaks tour and paddle your sea kayak around Cape Byron Marine Park. Get up close and personal with our friendly dolphins, spot sea turtles and marvel at humpback whales from May - November. Every tour finishes with all you can eat Tim Tams on a beautiful beach.

Call or book direct for \$5 off per person - code BVC5

info@capebyronkayaks.com +61 2 6680 9555

capebyronkayaks.com





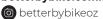


BETTER BY BIKE

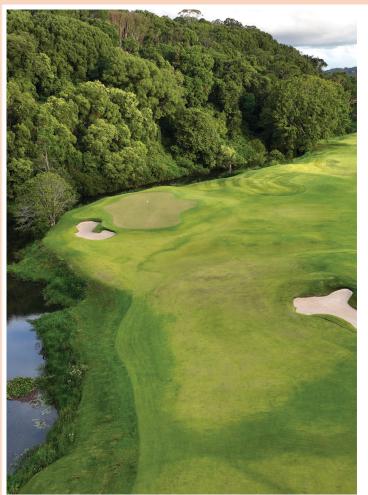
Come ride the all new Northern Rivers Rail Trail through lush hinterland, native rainforests and a 500m glow worm tunnel. Better By Bike provides on trail e-bike hire or e-bike hire with return shuttle from your accommodation. We do multi-day e-bike hire in Byron Bay/Ballina as well as guided evening glow worm tour - great for kids parties.

Info@betterbybike.com.au 0408 444 858

betterbybike.com.au







TEVEN VALLEY GOLF COURSE

When only the best will do.

Teven Golf Course is the first and only 9-hole course to be listed in Golf Australia's Top 100 Public Access courses. It boasts Sir Grange Zoysia tee to green, with immaculate playing surfaces throughout. Designed by legendary Australian golfer, Craig Parry, the course is short and fun to play while the layout and degree of difficulty will surprise some and delight all. Enjoy a fresh local beer on tap or a local coffee either on the deck or in the stunning Clubhouse, with uninterrupted views of the tricky 9th hole.

Nestled in the Hinterland, tucked into the beautiful Teven Valley, this hidden gem is a must play for golfers of all abilities. Surrounded by remnant rainforest, the course in intersected by platypus inhabited fresh water creeks, it is as stunning as it is tricky.

Just 30 minutes from Byron Bay and 15 minutes from Ballina, this course is sure to surprise.

Open for social golf daily. Bookings essential.

1684 Eltham Rd, Teven 02 6687 8386

tevenvalleygolfcourse.com.au



(iii) tevengolf





SKYDIVE BYRON BAY

Skydive in Byron Bay and experience amazing coastal views from up to 15,000ft. Freefall at over 200 km/hr for up to an insane 60 seconds, then float under a canopy over the iconic Byron Bay for 5 - 7 minutes soaking up spectacular beach and hinterland views. Located only 15 minutes from town, we offer free local pick up for your convenience.

1300 663 634

info@skydive.com.au









NEW ITALY MUSEUM

Enjoy the unique experience and peaceful ambience of 'La Cella Venezia' of the Northern Rivers! Discover onsite, stories behind the New Italy settlement and the local Italian community through the New Italy Museum and the Italian Pavilion, an Italian gift shop, the 'Tastes of New Italy' Café, MyBelle Pantry wholefoods and the Glass Art Gallery.

8275 Pacific Highway, New Italy info@newitaly.org.au

newitaly.org.au

historic_new_italy





CIRCUS ARTS AUSTRALIA

Circus Arts boasts a fantastic, one-of-a-kind indoor venue for kids, teens and adults, offering a unique blend of art & sport. Famous flying trapeze, kids and teens weekly classes, school holiday programs, private lessons and self training, adult classes, indoor kids playground, circus shows, parties and group bookings. All ages and skill levels.

17 Centennial Cct, Byron Bay 02 6685 6566

circusarts.com.au

o circusartsaustralia





ROTARY CLUB OF BALLINA-ON-RICHMOND

We are community members, friends, leaders and problem solvers who see a world where people unite and take action to create lasting change in our communities, across the globe and in ourselves. We invite you to visit our club and find out more about us and the opportunities we offer to get involved.

info@rotaryclubofballinaonrichmond.org.au

rotaryclubofballinaonrichmond.org.au

orotaryballinaonrichmond

f ballinaonrichmond



ALSTONVILLE PLATEAU BOWLS AND SPORTS CLUB

Delight in the friendly and welcoming atmosphere of the Alstonville Plateau Bowls and Sports Club. With a charm designed around delightful service and facilities Plateau Sports has been the meeting place for the Alstonville community for over 100 years.

Featuring some of the finest bowling greens on the Far North Coast of NSW, this hidden gem is nestled on the sporting fields of Alstonville and attracts new and experienced bowlers to enjoy their facilities.

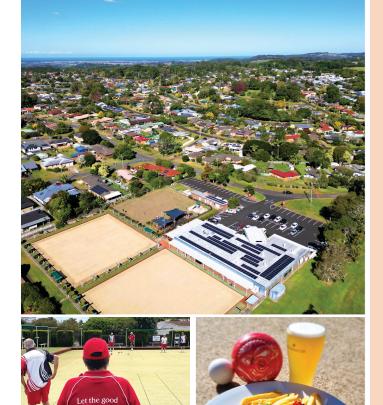
Plateau Sports provides a variety of experiences for everyone - dining delights, beer and wine enthusiasts, corporate events, and family friendly play areas. The welcoming atmosphere allows you to come together with loved ones or meet new friends and create lasting memories

Plateau

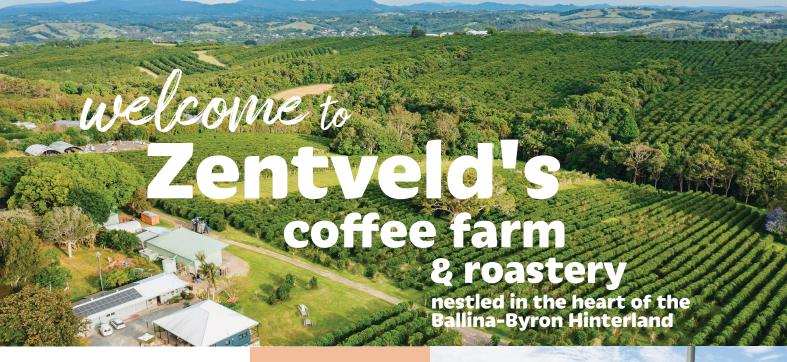
10 - 14 Deegan Drive, Alstonville NSW 2477 02 6628 0497

plateausports.com.au

plateausports plateausports







Zentveld's Coffee offers more than just a daily cup; they offer a unique 'crop to cup' experience. The coffee beans are cultivated, processed, roasted, packed, served, and supplied right here in the beautiful Northern Rivers on their family farm.

John and Rebecca Zentveld have been crafting locally grown, ecologically grown coffee at the family farm in Newrybar since 1993. Drawn to the unique qualities of the local beans, Rebecca and John were confident in the opportunity to create a true single origin specialty. The beans, born of the cool climate, are naturally sweet, low in caffeine, and bursting with rich, distinctive flavors. Grown naturally, without the use of harmful pesticides, these Australian beans are, as Rebecca aptly describes them "as rare as they are good".

Visit the Coffee House and meet the friendly and knowledgeable team at Zentveld's. From there, order a barista made coffee and take in the incredible views of this working farm. Take a stroll through the nearest trees and see their regenerative practices in action and witness the coffee ripening for yourself. Before you go, be sure to explore the retail space, where you can take home some exquisite coffee, farm-fresh honey, and a variety of local gifts and produce.

With plenty of photo opportunities along the way, a trip to Zentveld's Coffee Farm and Roastery is a must do while visiting the hinterland region.



ZENTVELD'S COFFEE FARM & ROASTERY

Mon-Fri 8am-4pm 02 6687 2045 193 Broken Head Road, Newrybar

zentvelds.com.au

zentveldscoffee





& Hinterland is a culinary haven. Choose from casual cafes, seafood restaurants, waterfront dining, farm-to-plate experiences, family-friendly venues, artisanal craft breweries and distilleries. Whether you crave the freshest seafood or seek a relaxing family outing, our region offers diverse options to satisfy every palate.



discoverballina.com.au



Before Ballina's beloved big prawn got his tail, the iconic crustacean once stood tall over the Trident Fish & Grill. With a story spanning across two generations and continents, this local institution serves up more than just fish and chips.

The story of Trident Fish & Grill began in 1984 in the charming town of Eastbourne, UK. Tony Photiou, whose journey into the culinary world began in his parents' shop, opened the first Trident Fish Bar. In 1991, Tony and his family embarked on a new chapter, migrating to Australia. They entrusted the successful restaurant to other Photiou family members, who continue to run it to this day.

Upon settling in Queenscliff, Victoria, Tony worked his magic, transforming a rundown convenience store into the enduring legacy known as Trident Fish Bar International.

In 2001, the Photiou family relocated to the scenic Ballina Shire, making their mark beneath the iconic Big Prawn. The Trident Fish Bar at the Big Prawn quickly became a beloved destination for both locals and tourists. Situated on the Old Pacific Highway, it upheld the tradition of serving fresh, delectable local seafood.

These days, Trident Fish and Grill is located in Alstonville, in the heart of Ballina's Hinterland. Now happily retired, Tony's son Chris continues the tradition. The story of Trident Fish & Grill isn't just about business - it's a testament to hard work and a love for serving local, fresh seafood.



THE TRIDENT FISH & GRILL

1/85 Main Street, Alstonville 02 6628 8009

tridentfishandgrill.com.au

the_trident_fish_and_grill





KELP RESTURANT

Embark on a culinary adventure at Kelp Ballina, where seafood takes centre stage infused with vibrant Asian, Latin American, and Mediterranean influences. Our commitment to sourcing the freshest local produce is showcased in every dish. Enjoy a relaxed, sociable ambience while savouring our diverse menu, complemented by handcrafted cocktails, boutique beers, and an extensive wine collection.

175 River St. Ballina

02 6686 6828

info@kelprestaurant.au







CHIDO CANTINA

Your local, family owned Mexican Restaurant. The award-winning menu serves up fresh, zesty and flavoursome Mexican favourites. Enjoy the famous margaritas, frozen daiquiris, cocktails and extensive tequila range. The relaxed, surf style Cantina reflects the essence of Lennox. Welcoming locals, visitors, and holiday makers alike. Look no further than Chido Cantina, the authentic taste of Mexico.

62 Ballina St, Lennox Head chidocantinalennox@gmail.com









BONITO PERUVIAN EATERY

Take a trip to Wollongbar in Ballina's beautiful hinterland region to discover this hidden gem.

Bonito Peruvian Eatery provides a modern take on traditional Peruvian cuisine, using locally sourced produce in a relaxed atmosphere.

Chefs Andres Soldi and Franco Reverditto, calling Australia home for over a decade, infuse their culinary artistry with the region's finest ingredients. The menu boasts Ballina prawns, grass-fed beef, hinterland produce, and locally caught fish. Their commitment to Northern Rivers' fresh bounty yields a dynamic, ever changing menu anchored in Peruvian techniques.

The licensed bar offers a curated selection of Australian wines, local beers and unique Pisco sours as well as other cocktails made with Peruvian national spirit.





54 Simpson Ave, Wollongbar 02 6628 3111

bonitoperuvian.com.au

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THE BELLE GENERAL

Situated opposite beautiful Shelly Beach, Belle is an iconic part of the Ballina experience. For locals and tourist alike, with a decade of partnering with Allpress, the extremely trained baristas have a reputation for serving up some of the best coffee on the coast.

Belle, is a home away from home with staff going above and beyond to make you feel welcome. This hidden gem has a vintage industrial Melbourne undertone uniquely coupled with a relaxed beachy atmosphere. Whether you're the surfer craving a big breakfast, a family looking to feed the crew or an urban foodie that appreciates quality, the Belle covers it all.

The menu offers an epic range of vegan, gluten free, dairy free, refined sugar-free options for those with intolerances or simply choosing a healthier lifestyle. Belle equally nails the classics - tasty brekky roll, high-end healthy burgers, fish tacos and the famous smashed avo with coconut fetta on organic sourdough. This place is a must visit! Its sister cafe 'Belle Central' also covers your trip to town.

12 Shelly Beach Rd, East Ballina NSW 2478 0411 361 453

THE BELLE GENERAL

store + takeaway + cafe

bellegeneral.com





FEDERAL HOTEL ALSTONVILLE

Nestled in the heart of Alstonville, the Federal Hotel is an iconic heritage pub that has stood for over a century, embodying the essence of this charming village. As you step inside, you're welcomed by a captivating atmosphere that seamlessly blends the grandeur of history with a warm and inviting charm.

77 Main Street, Alstonville 02 6628 0719

thefedhotel.com.au







LENNOX PIZZA

Views, Brews, Cocktails, Beats and Eats. Book a table, and enjoy some sweet beats with your favourite pizza, pasta, ribs, wings or loaded fries. Enjoy the atmosphere or come to relax and unwind with a cocktail and enjoy the ocean views. Live music every Sunday and did we mention a free pool table? Dine in, order online, delivery or pickup. Open 7 days.

4/74 Ballina St, Lennox Head 02 6687 7080

lennoxpizza.com

lennoxpizza





When you think Wesley Mission, the first thing that comes to mind might not be fantastic food and coffee. But on the NSW North Coast. The Dove Ballina is changing that - and all for a good cause.

Initially opening as a wall café for 11 months, after longawaited renovations, The Dove opened its doors as a full cafe in November 2022. Open for breakfast and lunch every weekday, the cafe serves speciality coffee, delicious drinks and fresh produce locally sourced from the Northern Rivers Region.

In addition to pumping out locally roasted coffee, the social enterprise café provides on-the-job training and employment pathways for local young people.

"We're proud to bring this quality to our community through food, drinks and service," says their Café Manager. "This is a dream come true for me – to help our young people gain essential life skills and support them through practical work experience to benefit our whole community."

The Dove's trainees have the opportunity to work towards a Certificate III in Hospitality, and all profits from the café are redirected back to local Wesley Mission services.

Whether it's a quick coffee, a relaxed breakfast, lunch on-the-go or catering, at The Dove Ballina you can always expect an unparalleled experience and exceptional service.



THE DOVE BALLINA

7am - 2pm weekdays

3/81 Tamar Street, Ballina 02 6681 4315

THE DOVE ...

wesleymission.org.au/thedoveballina



The Dove Ballina



BUCKLEY'S CHANCE

Located in Alstonville's heritage post office (Est. 1909), 20 minutes from Lennox Head and 30 minutes from Byron Bay. Enjoy a coffee, wine or beer in the sun on the large deck or dining room. Inspired by modern Australiana style and the beautiful Northern Rivers, explore the menu celebrating local produce.

86 Main Street, Alstonville 02 6628 3333

buckleyschance.com





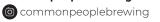


COMMON PEOPLE BREWING CO

Your home away from home: A craft brewery with an inviting tasting room set within a working production house, it's a great place to relax with friends and family. It offers a huge range of award-winning craft beers and wines to enjoy, with authentic woodfired pizzas, a breezy garden deck, a warm fireplace, board games and dogs are welcome too!

9 Dudgeons Ln, Bangalow 0491 971 199

commonpeoplebrewing.com.au









E.S.P ESPRESSO BAR ALSTONVILLE & BENCHTOP ESPRESSO LISMORE

E.S.P Espresso Bar in Alstonville and Benchtop Espresso in Lismore have long been hubs for the Northern Rivers community to come together and enjoy one of the best coffees the region has to offer along with some tasty treats with a middle eastern twist.

The team behind E.S.P and Benchtop (as they are locally known) live by the belief that a great cup of coffee can truly brighten up your day and they pride themselves on making exceptional coffees with every pour - consistently and serviced with a friendly smile.

Those local coffee havens use only the finest, locally sourced produce, and locally roasted 'Ground Control Coffee', with a menu that offers plenty of gluten free and dairy free options.

The perfect place for breakfast, brunch or lunch and the speediest takeaway coffee fix around - right when you need it the most!

E.S.P 0412 922 853

@ esp_espresso

Benchtop 0412 127 493

o benchtopespresso

bench to pes presso. com. au







Established in 1983, Northern Rivers Seafood have been proudly supplying the local and surrounding communities with the freshest local seafood for 40 years!

As a family-owned and operated establishment, Northern Rivers Seafood has become a cornerstone of the Ballina community. With many years of experience, they have established a very strong and loyal customer base - an achievement that they are exceptionally proud and thankful for.

Dedicated champions of the local seafood industry, Northern Rivers Seafood operates seamlessly in both the wholesale and retail sectors. On the wholesale front Northern Rivers Seafood caters to over 100 restaurants across the region, extending its reach from the charming locales of Ballina, Lismore, Byron Bay, Casino, all the way south to the coastal gems of Yamba and Woolgoolga, and even venturing north to the cities of the Gold Coast and Brisbane. This dedication to the local industry strengthens the vibrant food and beverage culture for which the region is celebrated.

In the retail sector, Northern Rivers Seafood caters to customers' every need, serving as the ultimate one-stop shop for all seafood enthusiasts. Their extensive offerings include a wide variety of seafood, encompassing freshly cooked and green prawns, crabs, bugs, oysters, whole fish, and fish fillets, to name just a few. Whether you're stocking up on fresh seafood for a riverside picnic, planning a family BBQ feast, or seeking a quick seafood solution on the go, a visit to Northern Rivers Seafood is highly recommended – you won't be disappointed.





NORTHERN RIVERS SEAFOOD

480 River Street, Ballina

northernriversseafood.com.au

northernriversseafood







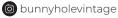
BUNNYHOLE VINTAGE

A quirky Ballina boutique offering unique vintage, retro, and recycled fashion. A diverse collection spanning 1940s to modern designer labels, with styles like western wear and pinup. All items meticulously cleaned and quality assured. New arrivals daily for fashion enthusiasts of all genders.

20 Cherry Street, Ballina 0423 878 048



bunnyholevintage@outlook.com





SHOES FROM ELLA

Elevate your steps. Discover comfort, style, and self expression at Shoes From Ella, nestled in the hills between Ballina and Byron Bay. Explore a curated collection of high quality boutique brands, embracing soft leathers and vibrant colors. Shoes to accompany you on life's journey – get comfy and be yourself. Shop is air-conditioned.

85 Main Street, Alstonville 0428 117 924

byronbayshoes.com







FRANCIPANI BEAUTY SPA

Frangipani is a locally owned beauty spa, run by a team of dermal professionals who are dedicated to providing professional and relaxing treatments to clients. Frangipani Beauty Spa offers a full range of treatments including: Body Shaping Treatments, Anti-Ageing, Cosmetic Tattoo, IPL Hair Removal, Rejuvenating Facials, Relaxing Massage and a wide range of Beauty Services.

21 Moon Street, Ballina 0474 226 554







MAGNOLIA LANE EMPORIUM

A hinterland emporium showcasing a range of some of Australia's most amazing labels in ladies and babies fashion, jewellery, leather bags, giftware and homewares. The beautiful pieces instore are unique and carefully curated. The team at Magnolia Lane will ensure you have an incredible experience.

Alstonville Plaza 89 Main St, Alstonville

02 6628 7132

@ magnolia_lane_emporium





S 2 \Box 0 I O Z 4 2 2

Woolworths

Monday 7:00am - 9:00pm Tuesday 7:00am - 9:00pm Wednesday 7:00am - 9:00pm Thursday 7:00am - 9:00pm Friday 7:00am - 9:00pm Saturday 7:00am - 9:00pm Sunday 7:00am - 9:00pm

Speciality Stores

Monday 8:30 am - 5:30 pm Tuesday 8:30 am - 5:30 pm Wednesday 8:30 am - 5:30 pm Thursday 8:30 am - 8:00 pm Friday 8:30 am - 5:30 pm Saturday 8:30 am - 4:00 pm Sunday 10:00 am - 3:00 pm



rebel

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SCAN THE CODE TO JOIN THE BALLINA FAIR VIP DATABASE



JOIN OUR kid's CluB



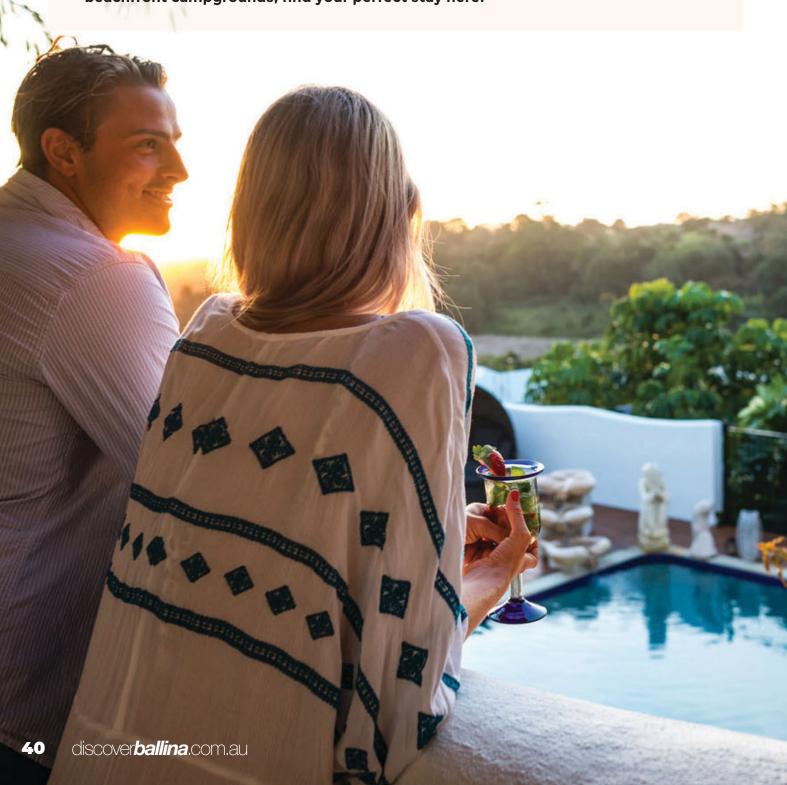


Stay with us

Discover the diverse array of accommodation in Ballina Coast & Hinterland, catering to every visitor's taste and style. Whether it's the simplicity of pitching a tent, the comfort of a self contained waterview apartment, or the charm of a heritage listed boutique hotel. Options span family friendly, pet friendly and quiet retreats to affordable stays, and deluxe havens. From hinterland cabins to glamping tents and serene beachfront campgrounds, find your perfect stay here.



discoverballina.com.au









BALLINA MANOR HOTEL AND RESTAURANT

Situated on the historic Norton Street, the Ballina Manor is a stylish small luxury hotel that once you stay, will become your new home away from home. Located a short distance from the Ballina Byron Gateway Airport and centrally located on Ballina Island, you can enjoy a scenic stroll to the town centre or wander down the road to some of the most pristine beaches and waterways. Whatever the reason for your stay, the Ballina Manor is the perfect base from which you can explore the Ballina/Byron Hinterland and beyond.

Our hotel is also home to The Manor Restaurant which is a comfortable, welcoming neighbourhood feature of Ballina and its surrounding local areas. The Manor Restaurant is a place where people come together to experience the culmination of the best and freshest ingredients in the area. Our chef's dishes draw from locally sourced seafood, meats and seasonal produce to bring you traditional and familiar flavours constructed for the modern palate.

info@ballinamanor.com 0400 032 095

ballinamanor.com



f ballinamanorboutiquehotel





FLAT ROCK TENT PARK

Nestled between Ballina and Lennox Head, offering a serene beachside retreat for tents and camper trailers. Protected by coastal bushland, the park provides spacious grassy sites, clean amenities and undercover BBQ facilities. Just steps from the beach, this laid back location is the perfect spot to relax and recharge. Stay along one of the most spectacular coastlines in NSW.

info@flatrocktentpark.com.au 02 6686 4848

flatrocktentpark.com.au

flatrocktentpark





GRANDVIEW APARTMENTS BALLINA

With expansive views of the Pacific Ocean on one side and sweeping Richmond River and coastal views on the other, Grandview Apartments offer spacious, self-catered accommodation in a resort style setting. Just a short walk to Ballina's surf beaches, seaside cafes, surf club and picturesque beachside boardwalks, and only a few minutes drive to downtown Ballina.

info@grandviewballina.com.au 02 6686 6999

grandviewballina.com.au

G grandviewballina





ALSTONVILLE COUNTRY COTTAGES

Alstonville Country Cottages is a tranquil escape set on 42 acres of subtropical property with eight well designed and individually landscaped one or two bedroom cottages. Fully equipped kitchens and most with ocean views. The property includes a conference room, salt water pool, pizza oven, bush walks and more. Pet friendly.

info@alstonvillecottages.com 02 6628 1696

alstonvillecottages.com







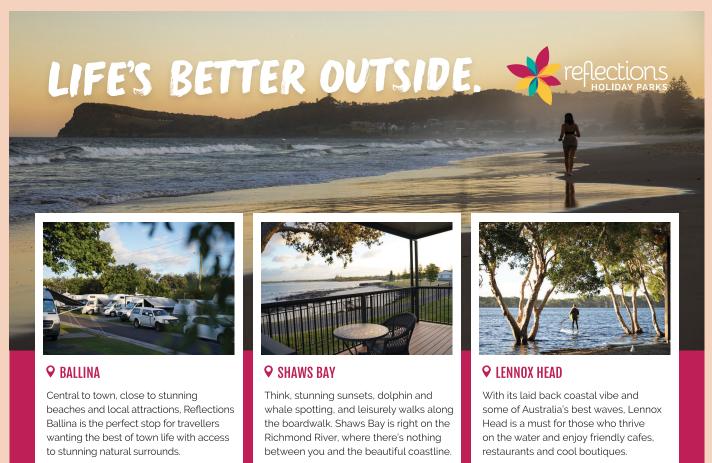
RAMADA BALLINA

We are simplicity with all the necessities. Perched beside the beautiful Richmond River, you can say hello to dolphins from your doorstep. Enjoy our pool, gym, conference facilities, 24 hour reception and nearby dining options. Your own private oasis awaits you, choose from our Hotel Spa Rooms, 1 Bedroom Apartments or Penthouses. Book direct for best rates.

2 Martin St, Ballina 1800 826 181

ramadaballina.com.au res@ramadaballina.com.au







Enjoy 4 Star quality accommodation in Ballina





CHILLOUT

Take a plunge in our saltwater lagoon pool or cool off in the spa.



INDULGE

Tempt your tastebuds at the Terrace Restaurant. Gluten and dairy free options available.



RELAX

With a refreshing, cold beverage in the Bambino Bar. Mon-Sat from 5:30.



EXPLORE

Ballina's scenic pathways with our complimentary bike hire.



UNWIND

Enjoy one of our in-room Day Spa aromatherapy massages.



Book Direct and Save: 02 6686 8866 | www.ballinabyronislanderresort.com.au | 1 Ronan Place Ballina NSW

dog friendly destinations



TWEED HEADS BALLINA

Getting here

It is so easy to get here yet so hard to leave! Conveniently located, Ballina is just a short drive from various regional and state hubs.

Driving here?

Brisbane		2 hours
Gold Coa	ast	1 hour
Byron Ba	ЭУ	30 minutes
Newcast	ile	6 hours
Sydney .		8 hours

Or get here even quicker and fly direct! Flights are available to and from Sydney, Melbourne, Newcastle, Canberra and Dubbo.



discoverballina.com.au

From arrival to adventure in under 30 minutes.

With 65 weekly direct flights, Ballina Byron Gateway Airport is your ticket to tranquillity. Just 5 minutes from Ballina and under 30-minute drive to Byron Bay, explore at your own pace with convenient car hire. Before you head back home, unwind in our departures lounge with a refreshing drink and indulge in local flavours at our bar and cafe.

For more information visit ballinabyronairport.com.au



visitor info

CONNECT WITH US

Discover more with the Ballina Tourism Team. Our website serves as your gateway to travel inspiration, offering information on scenic drives, dining hotspots, detailed maps, must-see attractions, exciting tours, school holiday activities and a live What's On calendar.

Explore the possibilities and plan your adventure seamlessly with resources at your fingertips.

1800 777 666 discover@ballina.nsw.gov.au















TAKE A PIECE OF **BALLINA HOME WITH YOU**

Boasting a unique range of souvenirs, prawn merchandise and giftware from the regions growers and makers - the Ballina Visitor Information Centre has all your gifting needs covered.



INCLUSIVE EXPERIENCES

The Ballina Coast & Hinterland aims to ensure everyone's experience is an enjoyable one. Ballina Shire Council is committed to providing suitable access for visitors and local residents, to services and activities.

With this in mind, discover some of the destination attractions, services and facilities that may suit your specific requirements and provide you with confidence on great places to visit.







on?

To make the most of your visit, it's essential to discover what's on in the Northern Rivers. From world class sporting events, food and music festivals to local community events and weekly markets - there is a lot happening and plenty to experience!

Scan to see our live What's On Calendar.



markets

Ballina Farmers MarketEvery Sunday

Commemoration Park Bentinck St, Ballina 7am - 11am

Newrybar Farmers Market Every Wednesday

Newrybar Hall 15 Old Pacific Hwy, Newrybar 4pm - 7pm

Lennox Community Market

2nd & 5th Sunday Williams Reserve, Lennox Head 8am - 3pm

Byron Community Market

1st Sunday Jonson St, Byron Bay 8am - 3pm

The Channon Craft Market

2nd Sunday Coronation Park, The Channon 7am - 1pm

Mullumbimby Farmers Market

Every Friday

Mullumbimby Showground 7am - 11am

Bangalow Market

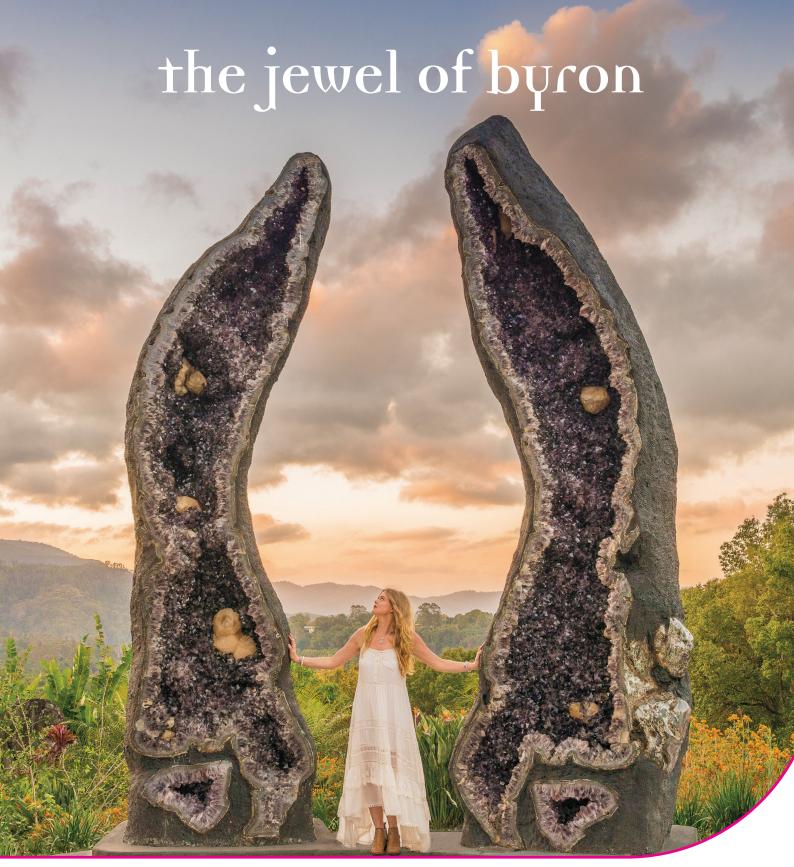
4th Sunday Bangalow Showground 8am - 3pm

These markets are subject to change. To keep up to date and find out about other markets in the Northern Rivers view our markets guide.



discoverballina.com.au







Home to the world's largest natural crystals where you can sit in an ancient amethyst cave. Wander the tranquil Shambhala Gardens adorned with sacred statues. Enjoy breathtaking views, delicious lunch and daily Crystal Sound Healing.

Discover the Jewel of Byron.

